

Growth Group Questions – Psalms 1 & 2

For starters... What is unique about the book of Psalms in comparison to the rest of the bible?

Reading to Understand – Psalms 1 & 2

1. What was something that stood out to you as you read the passage?



2. What question(s) came to mind as you read this passage?



3. What is the main point(s) of the passage?



4. How does this passage point to, or speak about, Jesus?



Going Deeper...

5. There is far more connection between individual Psalms than what many comprehend. Together Psalms 1 & 2 are an introduction to the book of Psalms.

- What do Psalms 1 & 2 teach us about someone who is “blessed”?
- In Psalm 1 the blessed man “meditates” on the law of the Lord while in Psalm 2 the people “meditate” in vain as they set themselves against the Lord and His Messiah (the word translated “plot” in Psalm 2:1 is the same word as “meditate” in Psalm 1:2) – What are Psalms 1 & 2 teaching us by highlighting this contrast?
- As an introduction to the Psalms what do they highlight as the key to the spiritual life of God’s people?
- When understood together, Psalms 1 & 2 point us to the ultimate “blessed” man – Who is it?

6. Why is the blessed man of Psalm 1 “like a tree planted by streams of water”?

7. How are nations and peoples still “raging” and “meditating in vain”?

8. Psalm 2:4-6 depicts God's response to the vain meditations of the nations.

- What does it teach us about the sovereignty of God?
- Why is this a source of great comfort when we consider the world in our present moment?

9. How would explain to someone that Jesus is your refuge in life?

Growing Together In Christ

Know →

How has this study helped you to know Jesus better?

Trust →

How has this study encouraged you to trust Jesus more?

Love →

How has this study challenged you to love like Jesus?

Meditation on the Word and Prayer

Turn Psalms 1 and 2 into a prayer in your own words...