

Growth Group Questions – Psalms 3 & 4

For starters... Why can music and song speak to our souls so powerfully?

Reading to Understand – Psalms 3 & 4

1. What was something that stood out to you as you read the passage?



2. What question(s) came to mind as you read this passage?



3. What is the main point(s) of the passage?



4. How does this passage point to, or speak about, Jesus?



Going Deeper...

5. Psalm 3 is David's response to the experience of being violently pursued by his own son Absalom as he conspired to take the throne from his father (See 2 Samuel 15-16).

- How does David express how he is feeling about his situation?
- How does David express his confidence in God?
- What does David ultimately pray for in Psalm 3?

6. In Psalm 3 David prays for God to act, and then in Psalm 4 he prays for God to answer the prayer of Psalm 3.

- How does David's reminder in Psalm 4:4-5 help guide his prayer for justice in Psalm 3:7?
- Can we as Christians pray for God to "strike" our enemies? Why or why not?

- Read Romans 12:17-21. How do Paul's words either change or support your answer to the previous question?

7. The two psalms are also connected by the reference to sleep (3:5 and 4:8). It is suggested that Psalm 3 was used as a morning prayer (given the reference to having slept and then waking up) and Psalm 4 as an evening prayer (given the future tense of "will sleep").

- Why can David sleep in peace?
- How is your sleep when you face troubles?
- How can Psalms 3 and 4 speak to you when your sleep is troubled?

8. We live the other side of the coming of Jesus. Unlike David, we have seen "the light of [the Lord's] face" in Him (Psalm 4:6; see 2 Cor 4:6).

- Why should this truth fill your heart with greater joy than anything else the world can offer?
- If you are not feeling that joy why is that, and what can you do to help that?

Growing Together In Christ

Know →

How has this study helped you to know Jesus better?

Trust →

How has this study encouraged you to trust Jesus more?

Love →

How has this study challenged you to love like Jesus?

Meditation on the Word and Prayer

Turn Psalms 3 into a morning prayer and Psalm 4 into an evening prayer of your own words.