

## Growth Group Questions – Psalm 103

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**For starters...** When do you find it hard to praise the Lord and why is it hard to do so in those moments?

### Reading to Understand – Psalm 103

1. What was something that stood out to you as you read the passage?



2. What question(s) came to mind as you read this passage?



3. What is the main point(s) of the passage?



4. How does this passage point to, or speak about, Jesus?



### Going Deeper...

5. The Psalm begins with a call to praise...

- Who is the psalmist speaking to?
- Why do we need to speak to our souls?

6. The Psalmist links praising the Lord with remembering all that the Lord has done for him (v. 2).

- What are the “benefits” he recalls in the psalm?
- List 20 things that you can be thankful to God for that will encourage your soul to praise Him (Bonus challenge – tomorrow list 200 things)

7. In v. 6 we are reminded that the Lord works justice. How is this possible, if as it declares in v. 10, "He does not treat us as our sins deserve"?

8. When you are struggling with a particular sin, why is far better to focus on the incredible love and grace of God in Jesus instead of the law that condemns?

9. How does v. 14 lead you to praise God for his love and forgiveness even more?

### **Growing Together In Christ**

**Know** →

How has this study helped you to know Jesus better?

**Trust** →

How has this study encouraged you to trust Jesus more?

**Love** →

How has this study challenged you to love like Jesus?

### **Meditation on the Word and Prayer**

Turn Psalm 103 into a pray of praise and thanks noting how all that the psalm speaks of and promises finds it fulfilment in the gospel of Jesus.